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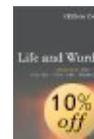
Chanting the NAAM & hearing the WORD !

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22-05-2006



Recommended Books for Further Study



[Life and Words](#)

Veena Das, Stanley...

New \$19.75

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Chanting the NAAM & hearing the WORD !

This Shabad is by Guru Arjan Dev Ji in Raag Gauree on Pannaa 295

ਖੇਮ ਸਾਂਤਿ ਰਿਧਿ ਨਵ ਨਿਧਿ ॥
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 ਇਹ ਫਲ ਤਿਸੁ ਜਨ ਕੈ ਮੁਖਿ ਭਨੇ ॥ ਗੁਰ ਨਾਨਕ ਨਾਮ ਬਚਨ ਮਨਿ ਸੁਨੇ ॥੬॥

stats

khaem saa(n)th ridhh nav nidhh ||

budhh giaan sarab theh sidhh ||
 bidhiaa thap jog prabh dhhiaan ||
 giaan sraesatt ootham eisanaan ||
 chaar padhaarathh kamal pragaas ||
 sabh kai madhh sagal thae oudhaas ||
 su(n)dharr chathur thath kaa baethaa ||
 samadharasee eaeek dhrihattaethaa ||
 eih fal this jan kai mukh bhanae || gur naanak naam bachan man sunae ||6||

*Comfort, peace and tranquility, wealth and the nine treasures;
 wisdom, knowledge, and all spiritual powers;
 learning, penance, Yoga and meditation on God;
 The most sublime wisdom and purifying baths;
 the four cardinal blessings, the opening of the heart-lotus;
 in the midst of all, and yet detached from all;
 beauty, intelligence, and the realization of reality;
 to look impartially upon all, and to see only the One*

- these blessings come to one who, through Guru Nanak, chants the Naam with h

Word with his ears. ||6||

<http://www.sikhithemax.com/Page.asp?SourceID=G&PageNo=&ShabadID=1084>

Prayer = TALKING to God; Meditation/Simran = LISTENING to God !

With the Divine Love & Blessings of WAHEGURU Ji, I wish you peace, love, light (enlig happiness in life!



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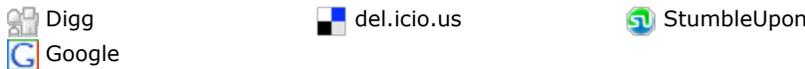
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